A. COURSE SUMMARY

Endocrinology is a subset of physiology that involves endocrine glands and the hormones they produce. In this course we will cover all of the major endocrine systems, hormones, and signaling pathways through lectures and in class discussion. Special emphasis is placed on endocrine diseases, including diagnosis and treatment. Cutting edge research will also be used to highlight gaps in knowledge and new avenues for disease treatment. This course is meant to be a good preparation for professional schools (medical, dental and graduate programs in biomedical research).

B. LEARNING OBJECTIVES

Upon completion of the course, students will be able to:

- Describe the signaling pathways used by hormones
- List the major hormones and how they are controlled
- Interpret hormone levels to determine the underlying disease
- Evaluate experimental data and critique study design

C. COURSE TIMETABLE:

Classes will be held from 9:30 to 10:50 AM on Tuesday and Thursday at 124 Burrill Hall. See attached for items covered every course and dates of assessments.

D. COURSE FACULTY

Dr. Lori Raetzman  
Associate Professor of MIP  
Course Coordinator  
Office: 535 Burrill Hall (Tel# 4-6233)  
raetzman@illinois.edu  
http://mcb.illinois.edu/faculty/profile/raetzman

Dr. Milan Bagchi  
Professor of MIP and Director of MCB  
Office: 534 Burrill Hall (Tel # 4-5054)  
mbagchi@life.illinois.edu  
http://mcb.illinois.edu/faculty/profile/mbagchi

Consultation and additional office hours should be arranged by appointment.
Ms. Xiyu Ge is the Teaching Assistant for the Course. She can be reached at xiyuge2@illinois.edu

E. SUGGESTED TEXTBOOK FOR THE COURSE (none required)

Medical Physiology: a cellular and molecular approach
ISBN 1-4377-1753-5 (2nd Edition would also be fine)

Other textbooks to be used as a reference during the course:

Molecular Cell Biology by Lodish et al., 5th Edition
Endocrinology by Hadley, 5th Edition

Review articles are posted on the class Moodle site.

F. COURSE GRADING
Total points in the course: 300

EXAMINATIONS:
Each exam will count 75 points toward the overall grade. Exams 1, 2 and 3 will be held during regular class hours. They are a blend of short answer, fill in the blank and multiple choice questions, written on paper.

QUIZZES:
Each quiz will count 20 points toward the overall grade. Quizzes will be taken in class on Moodle and timed for 30 minutes.

ATTENDANCE POINTS: 15 points will be set aside to give credit for class attendance (see below for details).

Make-up quizzes and exams will be given only in case of illness or other emergency. A letter from the McKinley Health Center, other medical provider that is not a relative, or the Office of the Dean of students is mandatory. The student must contact the course TA within 48 h after the missed quiz or exam. No exceptions would be made if the student fails to notify the TA within this time period. Students who test positive for COVID-19 or have had an exposure that requires testing and/or quarantine should contact the instructor about making up the work.

G. ACCESSING LECTURE MATERIALS ONLINE:

Instructors place their lecture materials on the MCB 413 web site, hosted on the Moodle server. The MCB address is: https://www.life.illinois.edu/mcb/413/. The link to the Moodle site is on this page (learn@illinois).
**H. GRADING POLICY**

MCB 413 is graded on the basis of total points accumulated throughout the semester. Plus-minus system of grading will be applied. No distinction will be made between graduate and undergraduate students.

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**I. ATTENDANCE POLICY**

Students are strongly advised to attend all lectures. Attendance will be recorded in each class via iClicker. A total of 15 points will be set aside to give credit for regular class attendance. In order to qualify for this credit, a student must attend at least 25 out of 29 classes offered during the semester. A student having more than 4 unexcused absences during the semester will forfeit all credit for class attendance.

**iClicker:** This course will use iClicker to take attendance and participate during in class discussions. Each student remote has a unique serial number printed on the back. This number is referred to as the clicker ID. You must register your clicker ID in order to receive credit for participation in pop quizzes, which will register your attendance. To register, go to www.iclicker.com, click on REGISTER and enter your personal information (use your UIN in the Student ID field) and iClicker ID.

**J. STUDENTS WITH DISABILITIES**

To obtain disability-related academic adjustments and/or auxillary aids, students must contact DRES as soon as possible. DRES can be reached at 1207 S. Oak St., Champaign, IL, at 217-333-4603, or at disability@illinois.edu. To be assured that disability-related concerns are properly addressed from the beginning, students are asked to see Dr. Raetzman as soon as the classes starts. More information about University of Illinois disability services can be found here: https://www.disability.illinois.edu/

**K. STATEMENT ON ACADEMIC INTEGRITY**

Any form of cheating on any graded work in this course is unacceptable, and will be dealt with in accordance with the University-wide standards in the Code of Policies and Regulations Applying to All Students
On exams, the answers that you turn in for grading must be your own, formulated during the exam from your own understanding of the material and without any supporting information, be it written, verbal or electronic. Copying the work of another student, or allowing another to copy your work, or copying work from any other source, is unacceptable. Since we cannot always monitor you as you complete your work, we must rely upon appearance of your work from which to judge. If the work you submit resembles that of another student or another source too closely, we may conclude that it was not your original work. Always make a conscious effort to complete your work on your own and to protect it from the view of others, in order to ensure that it will be seen as your own. Failure to adhere to these standards, for any portion of an exam, may result in a grade of zero for the entire exam or quiz, for all persons involved. Texting, or the use of a cell phone for any purpose during an exam, is prohibited. Doing so may earn you a zero on the exam, or a more extreme penalty at the discretion of the instructor. Use of any social or electronic media to share information, request information, or make confidential information public is prohibited. Failure to adhere to these standards, for any portion of an exam or quiz, may result in a grade of zero for the entire exam or quiz, for all persons involved.

L. STUDENT WELLNESS SUPPORT

As a Community of Care, we know that students sometimes face challenges that can impact academic performance (examples include mental health concerns, food insecurity, homelessness, personal emergencies). Should you find that you are managing such a challenge and that it is interfering with your coursework, you are encouraged to contact the Student Assistance Center (333-0050) or online at odos.illinois.edu/community-of-care/referral/ in the Office of the Dean of Students for support and referrals to campus and/or community resources.

Safety and Emergency
University Police Department, Emergency, 9-911; Non-emergency, 217-333-8911
University Fire Department Emergency, 9-911
Crisis Line, 217-359-4141
Emergency Dean, 300 Turner Student Services Bldg., 610 E. John St., 217-333-0050
Counseling Center, 110 Student Services Bldg., 610 E. John St., 217-333-3704
McKinley Health Center, General Information, 217-333-2701
McKinley Mental Health Center, 1109 S. Lincoln, 217-333-2705
Dean of Students, 300 Turner Students Services Bldg, 610 E. John St., 217-333-0050
Local Sexual Assault Center, RACES, 217-384-4444
Women’s Resources Center, 703 South Wright Street, 2nd Floor, 217-333-3137
Rape Crisis 24-hour Hotline, 217-384-4444
Suicide & Psychological Emergency, Suicide Prevention Team, 217-333-3704
SafeRides (free nighttime campus ride program), 217-265-RIDE (265-7433)
SafeWalks (free walking escort service by Student Patrol), 217-333-1216
Run > Hide > Fight

Emergencies can happen anywhere and at any time. It is important that we take a minute to prepare for a situation in which our safety or even our lives could depend on our ability to react quickly. When we’re faced with almost any kind of emergency – like severe weather or if someone is trying to hurt you – we have three options: Run, hide or fight.

Run
Leaving the area quickly is the best option if it is safe to do so.

- Take time now to learn the different ways to leave your building.
- Leave personal items behind.
- Assist those who need help, but consider whether doing so puts yourself at risk.
- Alert authorities of the emergency when it is safe to do so.

Hide
When you can’t or don’t want to run, take shelter indoors.

- Take time now to learn different ways to seek shelter in your building.
- If severe weather is imminent, go to the nearest indoor storm refuge area.
- If someone is trying to hurt you and you can’t evacuate, get to a place where you can’t be seen, lock or barricade your area if possible, silence your phone, don’t make any noise and don’t come out until you receive an Illini-Alert indicating it is safe to do so.

Fight
As a last resort, you may need to fight to increase your chances of survival.

- Think about what kind of common items are in your area which you can use to defend yourself.
- Team up with others to fight if the situation allows.
- Mentally prepare yourself – you may be in a fight for your life.

Please be aware of people with disabilities who may need additional assistance in emergency situations.

Other resources

- [police.illinois.edu/safe](http://police.illinois.edu/safe) for more information on how to prepare for emergencies, including how to run, hide or fight and building floor plans that can show you safe areas.

- [emergency.illinois.edu](http://emergency.illinois.edu) to sign up for Illini-Alert text messages.

- Follow the University of Illinois Police Department on Twitter and Facebook to get regular updates about campus safety.
SCHEDULE OF LECTURE TOPICS AND ASSESSMENTS
MCB 413 (Endocrinology: Hormones in Health and Disease)
Fall 2022
Tuesday and Thursday: 9:30-10:50 AM, 124 Burrill Hall

August 23: Introduction to the Course: Raetzman
August 25: Basic Principles of Hormonal Regulation: Bagchi
August 30: Signaling by Steroid Hormone Receptors: Bagchi
September 1: Signaling by Cell Surface GPCR Receptors: Bagchi
September 6: Signaling by Growth Factors and Insulin Receptor: Bagchi
September 8: Signaling by Calcium-Calmodulin- Phospholipids: Bagchi
September 13: Quiz and Review: Bagchi
September 15: Gastrointestinal Hormones: Raetzman
September 20: Calcium Regulation: Parathyroid Hormone & Vitamin D: Raetzman
September 22: Exam 1: (Bagchi & Raetzman)
September 27: Pancreatic Hormones: Insulin & Glucagon: Raetzman
September 29: Control of Blood Glucose & Diabetes Mellitus: Raetzman
October 4: Regulation of Appetite & Obesity: Raetzman
October 6: Pituitary Hormones: Raetzman
October 11: Growth Hormone Physiology and Pathology: Raetzman
October 13: Quiz and review: (Raetzman)
October 18: Biosynthesis and Physiology of Thyroid Hormones: Raetzman
October 20: Diseases Associated with Thyroid Dysfunction: Raetzman
October 25: Exam 2: (Raetzman)
October 27: Male and Female Reproduction: Raetzman
November 1: Pregnancy Hormones and Birth Control: Raetzman
November 3: Menopause and HRT: Raetzman
November 8: Election Day: No classes
November 10: Androgens and Prostate Cancer, Breast Cancer: Raetzman
November 15: Quiz and review: (Raetzman)
November 17: Endocrine Disruptors: Raetzman
Fall Break (November 19-November 27)
November 29: Adrenal Hormones: Raetzman
December 1: Adrenal and PCOS: Raetzman
December 6: Exam 3: (Raetzman)